

Monday

7:30 - 9:00 a.m. Registration

9:00 - 10:15 a. m. 1st Drill Session

10:15 - 10:45 a. m.

Break/Speakers

10:45 a.m. - 12:00 p.m. 2nd Drill
Session

12:00

Competition/Speakers

12:15 Lunch

Tuesday/Wednesday

8:00 - 9:00 a. m. Arrival/Check In

9:00 - 10:15 a. m. 1st Drill Session

10:15 - 10:45 a. m.

Break/Speakers

10:45 a.m. - 12:00 p.m. 2nd Drill
Session

12:00

Competition/Speakers

12:15 Lunch

What to Bring:

All campers need: helmet, shoulder pads, practice jersey, shorts, socks, supporter, cleats, flat shoes for inclement weather and a mouthpiece.

*Lineman Camp/Jaguar Football
Westmoore High School
12613 S. Western
Oklahoma City, OK 73170*

**JAGUAR FOOTBALL PRESENTS
16TH ANNUAL**

Lineman Camp

JUNE 14, 15, AND 16, 2010

On the campus of

WESTMOORE HIGH SCHOOL

Application

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Grade 2010/2011: _____

School: _____

Parent: _____

Home Phone: _____

Emergency Phone: _____

Email: _____

Adult T-Shirt Size: S M L X XX XXX

Parental Consent

I certify that my son has been examined by a physician and has been found to be in good health and able to compete in all camp activities without restriction. In addition, I acknowledge that I have medical insurance to cover the cost of any injury or illness that may occur during my son's participation in this football camp. Furthermore, I authorize the staff of the Lineman Camp to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the Lineman Camp and the Moore Public Schools from all claims resulting from any injury my son may sustain while attending this lineman camp.

Signature of Parent or Guardian *Date*

Location:

Westmoore High School is located at 12613 S. Western Avenue in Oklahoma City. The field house and practice fields are located on the far west end of the campus. Phone: 405-735-4821.

Who is Eligible?

All offensive and defensive lineman who will be entering grades 10 through 12 for the 2010-2011 school year. (Ninth grade lineman may attend with varsity coach approval.)

Full Contact:

The Lineman Camp is a full contact camp. Each camper's health and safety will be the first and foremost concern of our camp staff. In addition, a certified athletic trainer will be present at all practice sessions.

Date and Time:

Monday, June 14 through Wednesday, June 16. Registration and check in will be from 7:30 a.m. to 8:45 a.m. on the 14th. Tuesday and Wednesday practice sessions will begin at 9:00 a.m. and conclude about 12:10 p.m. Lunch will be served until 12:55 p.m. each day.

Tuition and Payment:

The fee for each camper is \$60 for all applications postmarked before June 7th. The cost of the camp after June 7th will be \$75. Registrations will be accepted on the first morning of camp, but early registrations are preferred. *There will be no refunds issued once camp begins.*

Camp Objective:

To provide an opportunity for high school lineman to develop and sharpen skills in a progressive, organized, and enthusiastic environment. Our goal is to give each participant the very best in football instruction by some of the finest offensive and defensive line coaches in the State of Oklahoma.

Camp Benefits

(Tuition Includes):

1. Individual and personal instruction by coaches from the top football programs in the State of Oklahoma.
2. *Preregistration guarantees shirt size.*
3. Camp awards.
4. One on One competition.
5. Practice in all phases of Offensive Line Play: Stance, Base Blocking, Zone Blocking, Leverage, Fit Position, Block Back, counter Blocking, Draw Blocking, Combination Blocking, and Pass Protection.
6. Practice in all phases of Defensive Line Play: Stance, Take Off, Separation, Reading Hat, Slanting, Pass Rush, Take away Techniques, and Tackling.

Make all checks payable to Westmoore High School. Return completed application form and camp fee to:

Coach Billy Langford
Westmoore High School
12613 S. Western
Oklahoma City, Oklahoma 73170